CLAIMS

What is claimed is:

1. An immunomodulatory polynucleotide/microcarrier (IMP/MC) complex, comprising:

a polynucleotide linked to a biodegradable microcarrier (MC), wherein said polynucleotide comprises the sequence 5'-C, G-3' and wherein said MC is less than 10 µm in size.

- 2. The IMP/MC complex of claim 1, wherein said polynucleotide is covalently linked to said microcarrier.
- 3. The IMP/MC complex of claim 1, wherein said polynucleotide is non-covalently linked to said microcarrier.
- 4. The IMP/MC complex of claim 1, wherein said microcarrier is a liquid phase microcarrier.
- 5. The IMP/MC complex of claim 1, wherein said microcarrier is a solid phase microcarrier.
- 6. The IMP/MC complex of claim 1, wherein said microcarrier is from 25 nm to 5 μ m in size.
- 7. The IMP/MC complex of claim 6, wherein said microcarrier is from 1.0 μm to 2.0 μm in size.
- 8. The IMP/MC complex of claim 7, wherein said microcarrier is 1.4 μm in size.
 - 9. The IMP/MC complex of claim 1, wherein said microcarrier is cationic.
 - 10. The IMP/MC complex of claim 1, wherein said complex is antigen-free.
- 11. The IMP/MC complex of claim 1, wherein said polynucleotide comprises the sequence 5'-T, C, G-3'.
- 12. The IMP/MC complex of claim 11, wherein said polynucleotide comprises the sequence 5'-TCGX $_1$ X $_2$ X $_3$ X $_4$ -3' or the sequence 5'-X $_1$ TCGX $_2$ X $_3$ X $_4$ -3', wherein X $_1$, X $_2$, X $_3$, X $_4$ are nucleotides.

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- 13. The IMP/MC complex of claim 12, wherein said polynucleotide comprises the sequence 5'-TCGTCG X_1 -3', wherein X_1 is a nucleotide.
- 14. The IMP/MC complex of claim 12, wherein said polynucleotide comprises a sequence selected from the group consisting of 5'-TCGTCGA-3', 5'-TCGAAAA-3', 5'-TCGCCCC-3', 5'-TCGGGGGG-3' and 5'-TCGTTTT-3'.
- 15. The IMP/MC complex of claim 1, wherein said polynucleotide comprises the sequence 5'-C, G, pyrimidine, pyrimidine, C, G-3'.
- 16. The IMP/MC complex of claim 1, wherein said polynucleotide comprises the sequence 5'-purine, purine, C, G, pyrimidine, pyrimidine, C, G-3'.
- 17. The IMP/MC complex of claim 11, wherein said polynucleotide comprises the sequence SEQ ID NO:1.
- 18. The IMP/MC complex of claim 1, wherein said polynucleotide further comprises the sequence 5'-T, C, G-3'.
- 19. The IMP/MC complex of any of claims 1, 11, 12, 13, 14, or 18, wherein said polynucleotide is 7 nucleotides in length.
- 20. The IMP/MC complex of any of claims 1, 11, 12, 13, 14 or 18, wherein said complex further comprises an antigen.
 - 21. The IMP/MC complex of claim 20, wherein said antigen is an allergen.
- 22. The IMP/MC complex of claim 1, wherein said polynucleotide comprises a phosphate backbone modification.
- 23. The IMP/MC complex of claim 22, wherein said phosphate backbone modification is a phosphorothioate.
- 24. A method of modulating an immune response in an individual comprising administering to an individual a composition comprising an immunomodulatory polynucleotide/microcarrier (IMP/MC) complex, said complex comprising a polynucleotide linked to a biodegradable microcarrier (MC), wherein said polynucleotide comprises the sequence 5'-C, G-3' and wherein said MC is less than 10 µm in size, in an amount sufficient to modulate an immune response in said individual.

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- 25. The method of claim 24, wherein said microcarrier is a solid phase microcarrier.
- 26. The method of claim 24, wherein said microcarrier is a liquid phase microcarrier.
- 27. The method of claim 24, wherein said polynucleotide is covalently linked to said microcarrier.
- 28. The method of claim 24, wherein said polynucleotide is non-covalently linked to said microcarrier.
 - 29. The method of claim 24, wherein said complex is antigen-free.
- 30. The method of claim 24, wherein a Th1-type immune response is stimulated.
- 31. The method of claim 24, wherein a Th2-type immune response is suppressed.
- 32. The method of claim 24, wherein interferon-gamma (IFN-γ) is increased in said individual.
- 33. The method of claim 24, wherein interferon-alpha (IFN- α) is increased in said individual.
- 34. The method of claim 24, wherein levels of IgE is reduced in said individual.
- 35. The method of claim 24, wherein said polynucleotide comprises the sequence 5'-T, C, G-3'.
- 36. The method of claim 35, wherein said polynucleotide comprises the sequence 5'- $TCGX_1X_2X_3X_4$ -3' or the sequence 5'- $X_1TCGX_2X_3X_4$ -3', wherein X_1 , X_2 , X_3 , X_4 are nucleotides.
- 37. The method of claim 36, wherein the polynucleotide comprises the sequence 5'-TCGTCG X_1 -3', wherein X_1 is a nucleotide.
- 38. The method of claim 36, wherein said polynucleotide comprises a sequence selected from the group consisting of 5'-TCGTCGA-3', 5'-TCGAAAA-3', 5'-TCGCCCC-3', 5'-TCGGGGGG-3' and 5'-TCGTTTT-3'.

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- 39. The method of claim 24, wherein said polynucleotide comprises the sequence 5'-C, G, pyrimidine, pyrimidine, C, G-3'.
- 40. The method of claim 24, wherein said polynucleotide comprises the sequence 5'-purine, purine, C, G, pyrimidine, pyrimidine, C, G-3'.
- 41. The method of claim 35, wherein said polynucleotide comprises the sequence SEQ ID NO:1.
- 42. The method of claim 24, wherein said polynucleotide further comprises the sequence 5'-T, C, G-3'.
- 43. The method of any of claims 24, 35, 36, 37, 38 or 42, wherein said polynucleotide is 7 nucleotides in length.
- 44. The method of any of claims 24, 35, 36, 37, 38 or 42, wherein said composition further comprises an antigen.
 - 45. The method of claim 44, wherein said antigen is an allergen.
- 46. The method of claim 24, wherein said polynucleotide comprises a phosphate backbone modification.
- 47. The method of claim 46, wherein said phosphate backbone modification is a phosphorothicate.
 - 48. A kit, comprising:

an immunomodulatory polynucleotide/microcarrier (IMP/MC) complex, said complex comprising a polynucleotide linked to a biodegradable microcarrier (MC), wherein said polynucleotide comprises the sequence 5'-C, G-3' and wherein said MC is less than 10 µm in size.

- 49. The kit of claim 48, wherein said polynucleotide is covalently linked to said microcarrier.
- 50. The kit of claim 48, wherein said polynucleotide is non-covalently linked to said microcarrier.
- 51. The kit of claim 48, wherein said microcarrier is a liquid phase microcarrier.
- 52. The kit of claim 48, wherein said microcarrier is a solid phase microcarrier.

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53. The kit of claim 48, wherein said microcarrier is from 25 nm to 5 µm in size. 54. The kit of claim 53, wherein said microcarrier is from 1.0 μ m to 2.0 μ m in size.

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- 55. The kit of claim 54, wherein said microcarrier is $1.4 \mu m$ in size.
- 56. The kit of claim 48, wherein said microcarrier is cationic.
- 57. The kit of claim 48, wherein said complex is antigen-free.
- 58. The kit of claim 48, wherein said polynucleotide comprises the sequence 5'-T, C, G-3'.

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- 59. The kit of claim 58, wherein said polynucleotide comprises the sequence 5'- $TCGX_1X_2X_3X_4$ -3' or the sequence 5'- $X_1TCGX_2X_3X_4$ -3', wherein X_1, X_2, X_3, X_4 are nucleotides.
- 60. The kit of claim 59, wherein said polynucleotide comprises the sequence 5'-TCGTCG X_1 -3', wherein X_1 is a nucleotide.
- 61. The kit of claim 59, wherein said polynucleotide comprises a sequence selected from the group consisting of 5'-TCGTCGA-3', 5'-TCGAAAA-3', 5'-

TCGCCCC-3', 5'-TCGGGGG-3' and 5'-TCGTTTT-3'.

- 62. The kit of claim 48, wherein the polynucleotide comprises the sequence 5'-C, G, pyrimidine, pyrimidine, C, G-3'.
- 63. The kit of claim 48, wherein the polynucleotide comprises the sequence 5'-purine, purine, C, G, pyrimidine, pyrimidine, C, G-3'.
- 64. The kit of claim 58, wherein the polynucleotide comprises the sequence SEQ ID NO:1.
- 65. The kit of claim 48, wherein said polynucleotide further comprises the sequence 5'-T, C, G-3'.
- 66. The kit of any of claims 48, 58, 59, 60, 61 or 65, wherein said kit further comprises an antigen.
 - 67. The kit of claim 66, wherein said antigen is an allergen.
- 68. The kit of claim 48, wherein said polynucleotide comprises a phosphate backbone modification.

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- 69. The kit of claim 68, wherein said phosphate backbone modification is a phosphorothioate.
 - 70. A kit, comprising:

an immunomodulatory polynucleotide/microcarrier (IMP/MC) complex, said complex comprising a polynucleotide linked to a biodegradable microcarrier (MC), wherein said polynucleotide comprises the sequence 5'-C, G-3' and wherein said polynucleotide is 7 nucleotides in length.

- 71. The kit of claim 70, wherein said polynucleotide comprises the sequence 5'-T, C, G-3'.
- 72. The kit of claim 71, wherein said polynucleotide consists of the sequence $5'-TCGX_1X_2X_3X_4-3'$ or the sequence $5'-X_1TCGX_2X_3X_4-3'$, wherein X_1 , X_2 , X_3 , X_4 are nucleotides.
- 73. The kit of claim 72, wherein said polynucleotide consists of the sequence 5'-TCGTCGX₁-3', wherein X_1 is a nucleotide.
- 74. The kit of claim 72, wherein said polynucleotide consists of a sequence selected from the group consisting of 5'-TCGTCGA-3', 5'-TCGAAAA-3', 5'-TCGCCCC-3', 5'-TCGGGGGG-3' and 5'-TCGTTTT-3'.
- 75. The kit of claim 70, wherein said polynucleotide further comprises the sequence 5'-T, C, G-3'.
 - 76. The kit of claim 70, wherein said complex is antigen-free.
 - 77. The kit of claim 70, further comprising an antigen.
 - 78. The kit of claim 77, wherein said antigen is an allergen.
- 79. The kit of claim 70, wherein said polynucleotide comprises a phosphate backbone modification.
- 80. The kit of claim 79, wherein said phosphate backbone modification is a phosphorothioate.
- 81. A composition comprising an IMP/MC complex of claim 1 and a pharmaceutically acceptable excipient.
- 82. A composition according to claim 81, wherein the composition is antigen-30 free.

- 83. A composition according to claim 81, wherein the composition further comprises an antigen.
 - 84. A composition according to claim 83, wherein the antigen is an allergen.